

# Warm Up with a good Book

JANUARY 14–  
FEBRUARY 15

## READING LOG

CHECK A CIRCLE FOR 2 HOURS OR 1 BOOK READ.

**READ.** You can read any thing you would like and start any time the program is going on.

**RECORD.** Keep track of the time you spend reading. For every 2 hours or one book you read, you can check off one of the circles on your reading log.

**WIN.** Your completed reading log can be exchanged for a completion prize!

### FAQ

**Does any reading count— magazines, newspapers, textbooks, eBooks and audiobooks?**  
Yes!

**Can I count the times I spend reading to my kids?**  
Yes! We love when you read to your kids!

**Can I count the time I spend reading a book, even if I don't finish it?** Yes! Two hours is two hours!

**If I finish this log, can I do more?**  
We ask that you stick to only one log.

**Is it okay if I lose my Reading Logs?**  
Not a problem! We keep track of your completed logs in our records.

**Can I start the program after the official start date?** Yes, and if you can remember any reading that you have done since then, you are welcome to count that too.

**How old do you have to be to participate?**  
You must be 18 or older.



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**FREE!**